

# 2018 Sauk Valley Senior Showcase



**Tuesday,  
August 7th  
10:00 a.m. - 2:00 p.m.  
Northland Mall  
Sterling**

Discover products and services  
of interest to you.  
Financial planning, health  
screenings and much more!

**Plan to attend the following  
demonstrations by KSB Hospital:**

**11:00am ~ *Eating Healthy &  
How to Support Our Bodies as We Age***

**11:30am ~ *Common Conditions that  
Affect the Eye***

**12:00pm ~ *Cancer Screening:  
What You Need to Know***

**12:30pm ~ *Foot & Ankle***

## THE PREMIER EVENT FOR THOSE 55 AND BETTER

*Come out to see the "Sassy Steppers" from the Lee County Council on Aging & "Still Cruisin' Dancers" from the Whiteside County Senior Center. Starting at 11:00 a.m.*